<u>Vegetarian</u>							
Delhi Choley Chickpeas sautéed in homemade spices. *7,10	£ 11.95						
Veggy Veggy Curry** Mixed vegetables cooked in a tomato & onion-based gravy infused with Indian	£ 11.95 n spices. *7						
Kadhai Paneer** Batons of cottage cheese cooked with onions, peppers, green chillies, fenugreek and fresh coriander. *7	£ 12.95						
Malai Kofta* Potatoes & Cottage cheese dumplings, served with a delicious creamy sauce. *7,8	£ 12.95						
Sides							
Bhindi Masala*	£ 6.95						
Pan fried okra with five seeds tempering in a roast pepper sauce. *7,10	1 0.93						
Aloo Gobhi * Cauliflower florets and potatoes cooked in a chopped onions & tomato	£ 6.95						
ginger garlic peas. *7 Jeera Aloo*	£ 6.95						
Potatoes tossed with cumin seed and spices. *7							
Saag Aloo / Saag Paneer* Spinach & potatoes or spinach & Indian cottage cheese cooked with ginger, garlic, onions and spices. *7	£ 6.95/£ 6.95						
Daal Tarka*	£ 6.95						
Yellow lentils tempered with whole red chilli and cumin seeds. *7 Bombay Aloo*	£ 6.95						
Slices of pan-fried Potatoes with onion & tomato sauce. *7							
Biryani A biryani is usually saved for special occasions. Basmati rice cooked on top of a flavourful curry and adorned with herbs, flavoured with saffron mint & fried onions, topped with dry fruits. Accompanied with curry sauce.							
Vegetable *7	£ 13.95						
Chicken *7	£ 14.95						
Lamb *7	£ 15.50						
Prawns *2,7 Special *2,7	£ 16.50 £ 14.95						
(Combination of Veg, Chicken, Prawn and Lamb)	E 14.33						
<u>Kids Meal</u>							
Kids Butter Chicken	£ 8.95						
KIDS CHICKEN TIKKA MASALA	£ 8.95						
KIDS MURGH MALAI TIKKA	£ 8.95						
KIDS CHICKEN KORMA	£ 8.95						
Kids Chicken Nuggets	£ 8.95						

(All Childrens Dishes Served with Rice & Butter Naan)

		<u>Naan</u>		
Plain Naan *1,4,7				£ 2.50
Garlic Naan *1,4,7				£ 2.95
Coriander Naan *1				£ 2.95
Keema Naan (stuj		nince) *1,4,7		£ 3.50
Garlic Coriander N	laan *1,4,7			£ 3.50
Chilli Naan *1,4,7				£ 2.95
Garlic Chilli Naan				£ 3.50
Peshwari Naan *1,	4,7,8			£ 3.50
(A sweet stuffing	of coconut, alm	ond & raisins)		
Onion Kulcha *1,4,	7			£ 3.50
(stuffed with spicy	onions & fresh	coriander)		
Roti-whole wheat				£ 2.50
Paneer Kulcha *1,4	1,7			£ 3.95
(stuffed with hom	emade cottage	cheese)		
		Rice		
Charmed Dies		RICE		6050
Steamed Rice				£ 2.50
Pulao Rice				£ 2.95
Egg fried Rice *4		d 0!>		£ 3.25
Garden Rice (flav	ourea with cori	anaer & spices)		£ 3.50
Lemon Rice *5,10				£ 3.50
		Sundries		
Mixed Raita*7		<u>Juliulies</u>		£ 3.50
Onion Dip				£ 1.00
Mango Chutney				£ 1.00
Mint Sauce				£ 1.00
Tikka Masala Sauce *7,8				£ 4.95
Korma Sauce *7,8				£ 4.95
Madras Sauce (ve				£ 4.95
Poppadum's & di				£ 4.93
Chips	95			£ 2.95
Cilips				£ 2.33
		Dessert		
Gulab Jamun		<u> </u>		£ 4.95
Mango Lassi				£ 4.95
Rose & Cardamon	Lacci			£ 4.95
Rose & Cardanion	Lussi			E 4.33
		Allergen Content		
	1 White Chiter	6 Sova Boars	11 Socreto C	ods
	White Gluten Crustaceans	6. Soya Beans 7. Milk	11. Sesame Se 12. Sulfur Diox	
	3. Fish	8. Nuts	13. Lupin	
	4. Egg	9. Celery	14. Molluscs	
	5. Peanuts	10. Mustard		

If you have any questions or particular dietary requirements or intolerances please advise us and we shall do our utmost to offer you alternatives. Whilst we do all to accommodate our guests and food intolerances, we are unable to guarantee that our dishes are totally allergen free







Opening Times

(Monday - Thursday 5.00 pm - 10.30 pm) (Friday - Saturday 3.00 pm - 10.30 pm)* (Sunday - 12.30pm - 9.00 pm) *Collection Only

Address

3 Kildare Street, Newry, Co. Down, BT34 1DQ

Phone Number Tel: (028) 3005 3659

Website www.gurunewry.co.uk

Order Online







We use 100% Irish poultry & lamb with full traceability. All our dishes are without any colourings, preservatives or M.S.G. All dips & sauces are prepared daily on the premises. We are fully HACCP compliant. We can vary the balance of mild & hot dishes to suit your preference. Please always check your order upon collection or delivery. We do accept all major credit cards.

Appetizer Appetizer		<u>Chicken</u>		Lamb	
Onion Bhaji	£ 4.95				
Crispy onion dumplings served with mint & yogurt.		Chicken Tikka Masala	£ 12.95	Lamb Roganjosh*	£13.95
Laur Dhaus Kahaht	6 5 05	Meat or vegetables cooked in tomato garlic & cashew nut sauce infused		Rich Lamb cooked with saffron brown yogurt sauce flavoured with Kashmir	i ()
Hara Bhara Kebab* Mild spiced green peas, root vegetables & cheese kebab, with crunchy nuts. *8	£ 5.95	with palm crushed fenugreek leaves. *7,8		chillies, cardamom & fresh ginger. *7,8	
Aloo Tikki*	£ 4.95	Chicken Korma (Mild)	£ 12.95	Lamb Pasanda* (Mild)	£13.95
Deep fried crisp patty of potatoes, tampered with cumin seeds, green peas		Bonless Pieces of prime Irish Chicken fillets, cooked with a sweet creamy		A rich creamy dish cooked in a spiced yogurt, flavoured with ginger, garlic	
and chillies. *10		cashew nut gravy finished with saffron & rose petals. *7,8		& toasted almonds. *7,8	
Vegetable Samosa*	£ 4.95	Bhuna Murgh**	£ 12.95	Lamb Vindaloo***	£13.95
Handmade, Punjabi favourite of crisp flaky pastry filled with spiced		Spicy & Flavourful Chicken cooked with whole spices, chopped onions,		An Indian curry based on the Portuguese dish "carne de vinha d'alhos" & is	
potatoes and peas. *1		tomato-based sauce infused with fresh coriander. *7,8		often know as a fiery, spicy dish. Cooked in a traditional red masala sauce	
Paneer Tikka*	£ 5.95			with potato cubes infused with coconut vinegar. *7,8	
Homemade cottage cheese with pickle spices and grilled in clay oven. *7,10		Chicken Jalfrezi**	£ 12.95		017.05
		Flavoured Chunks of chicken cooked with medium to hot curry sauce,		Achari Gosht*	£13.95
Murgh Tikka*	£ 5.95	assorted peppers, onions & spices. Finished with green chillies, and touch of lemon juice. *7,8		Lamb cooked with yogurt, ginger garlic paste, mustard in a pickling spices-based sauce. *7,10	
Boneless pieces of chicken marinated with tandoori masala, yoghurt and grilled in Tandoor. *7		oj lemon juice. 7,8		spices-based sauce. 7,10	
grilled in Tundooi. 7		Chicken Kadhai*	£ 12.95	Chana Gosht*	£13.95
Trio of Chicken	£ 5.95	Kadhai is a delicious, spicy & flavourful dish cooked with, onions, tomatoes,		A perfect combination of Lamb, chickpeas & spices infused with fresh	
Trio of Guru's all time favourite - Malai kebab, chicken tikka, Hara Murgh		ginger, garlic & fresh ground spices known as kadhai masala. Kadhai transla	tes	coriander. *7	
served with mint pesto chutney. 7,10		to an Indian wok which is a most basic kitchen essential in Indian homes. *7,8	3		
Kalami Kebab	£ 6.95			Lamb Jaipuria**	£14.95
Chicken thigh marinated Overnight with Saffron, Caramelised brown onion	E 0.95	Chicken Chili Balti*	£ 12.95	Rajasthani recipe, Slow cooked lamb with red chilli paste, yogurt, brown	
& Hand pounded spices, chargrilled served with mint pesto and sweetcorn		Pieces of chicken cooked with medium gravy, capsicum, ginger and garlic		onions & cloves. *7	
chat. 7,10		infused with fenugreek & cumin seeds. *7,8		Delet Cashir	C14.0F
		Chicken Madras***	£ 12.95	Palak Gosht* Tender Lamb cooked with spinach and ginger finished with cream & dried re	£14.95
Seekh Kebab* A delicacy of lamb mince kebab cooked on skewers.	£ 5.95	Chicken cooked in a fiery tomato, coconut and onion-based gravy. *7,8,10	E 12.33	render Lamb Cooked with spinder and ginger Jinished with credit & dried to	eu
A delicacy of fulfib fillince kebab cooked off skewers.		(All Dishes Served with Pilau or Steamed Rice)		(All Dishes Served with Pilau or Steamed Rice)	
Prawns Kolhapuri*	£ 9.95	(All Distles Served with Pildu of Steamed Rice)			
Prawns marinated with Kolhapur spices & grilled in tandoor. *2,7		CHEF'S SPECIALITIES		Confood	
Kasundi Machi Tikka*	£ 9.95	CHEF 5 SPECIALITIES		<u>Seafood</u>	
Salmon fish marinated with mustered and Indian spices served with desi tarter. *				King Prawn Chilly Mango**	£ 15.95
		Butter Chicken*	£ 13.95	Tiger prawns cooked with crushed chillies, mustard seeds, coconut & spiced	
TANDOORI SPECIALITIES		Chicken cooked in a tomato cashew nut, yogurt & butter-based gravy,		mango marmalade. *3,710	
The second secon	Ctoomad rica	infused with cream & fenugreek. *7,8		mange manual epipe	
All Clay oven dishes are served with the curry sauce and choice of Plain naan &		Dhaba Chicken**	£ 13.95	King Prawn Goan Masala*	£ 15.95
Paneer Tikka Achari*	£ 15.95	Dhaba(a roadside kitchen) style Northern Indian curry "Spicy chicken tikka	2 13.33	Prawns cooked in fresh coconut milk infused with Goan spices. *2,7,10	
Homemade Indian cottage cheese with pickle spices & grilled in a clay oven. *7,10		tossed with onions, red and green peppers in a spicy chilli sauce. *7			
cidy over. 7,10				King Prawn Garlic Chilli**	£ 15.95
Kebab-e-Guru*	£ 15.95	Chicken Chettinad.*	£ 13.95	Prawns cooked in a red pepper, garlic chilli and masala	
A selection of BBQ cooked Prawn, Chicken Tikka, Seekh kebab, fish tikka		Chettinad a village in southern India, known for traditional spices, Chicken		paste. *2,7	
& King Prawn. *2,3,7,8,10		cooked in a coconut sauce infused with chettinad spices. *7,10		Masala Maach*	£ 15.95
		Cara Chislant	C 17 OF	Fillet of Tilapia braised in Our Chef's unique masala flavoured with roasted	L 13.33
Shashlik Chicken*	£ 15.95		£ 13.95	carom seeds. *3,7,10	
Chicken tikka sautéed with onions & peppers served on a bed of rice with		Chicken cubes cooked with spinach gravy, ginger, garlic & finished with ginger roots. *7			
roasted pine apple. *7		gingor roots. 7		Goan Fish Curry. *	£ 15.95
		South Indian Chilly Garlic Chicken*	£ 12.95	fillet of Salmon fish in a classic gravy, steeped in tamarind, Kashmiri chilli	
tripadvisor* 🚹 🐠 🧿		Chicken cooked with Chilly & Garlic based gravy, flavoured with Indian		powder, turmeric & coconut milk infused with Goan spices. *3,7,10	

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aromatic spices. *7,10